

you choose... time, pressure and where.

get rid of tension with our range of massages.

powerdirect 25.

for those stubborn knotted muscles in your back. **25min. £30.00**

powerdirect 55.

had a hell of a week? kick back with an intense full body massage. **55min. £55.00**

powerdirect 85.

marathon massage - it is what it says. **85min. £75.00**

chill out detox.

overdone it? take the easy option...
a feather light lymph drainage massage
with our pre-blended oils. **25min. £30.00**

aromatherapy massage.

a very gentle massage using warming prescribed
essential oils to rebalance the inner you. **55min. £60.00**
