

## the body.

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**full body mapping and body exfoliation.** 30min. £30.00

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### **back purification.**

a purifying, exfoliating and relaxing back treatment and massage. 45min. £40.00

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### **yummy mummy.**

pregnancy treatment on your tummy to relax you and your bump. 55min. £55.00

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### **nourishing sea mud treatment.**

full exfoliation, a thermal cocoon to draw out impurities and stimulate circulation, tension release massage. 55min. £55.00

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### **fully loaded power recovery.**

full exfoliation, intense wrap to give your skin the nourishment it craves... with wheat proteins and antioxidants, tension release massage. 55min. £55.00

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### **deep thermal stamp therapy.**

full exfoliation, a unique massage stamp filled with skin benefiting ingredients and the power of heat to stimulate, relieve aching muscles and rebalance the body. 85min. £85.00

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### **hot stones.**

full body massage, hot stones. 55min. £60.00

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### **hydrotherm 25.**

the ultimate back and shoulder massage. 25min. £35.00

### **hydrotherm 55.**

full body massage on a warm water bed. 55min. £65.00

### **hydrotherm 85.**

the marathon massage, true relaxation. 85min. £85.00

### **hydrotherm 4 hands.**

two therapists, four hands, one full body massage. 45min. £95.00

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