

the treatment rooms

menu and price list

## The face.

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We've chosen Aromatherapy Associates and Dermalogica - in our opinion they are the best. Both brands complement each other with their techniques and products... treatments don't get much better!

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### **Aromatherapy Associates Essential Rose Facial.**

This luxurious rose facial uses the purest rose oils to condition and deeply nourish the skin, the result is a smooth, radiant complexion and a relaxed state of mind. **55min. £75.00**

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### **Aromatherapy Associates Rose Infinity Facial.**

Achieve instant, long lasting results that will noticeably lift, tone and firm the skin, leaving you with a flawless, healthy and younger looking complexion. Wrinkles and lines are plumped out for visibly smoother younger looking skin. **85min. £90.00**

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### **The Treatment Rooms visible brilliance facial.**

Dermalogica's signature facial, customised at every step... skin analysis, cleansing, exfoliating, steam, finished with a pressure point facial massage, custom masque, neck, shoulder and scalp massage. **55min. £68.00**

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### **Express Dermalogica facial.**

Haven't got time but need a facial. Double cleanse, exfoliation, massage or masque and moisturise. **25min. £38.00**

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### **Face and feet.**

Two therapists, one hour. The Treatment Rooms visible brilliance facial together with our Treatment Rooms pedicure... heaven! **55min. £100.00**

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### **Age smart facial.**

Anti-age treatment to help control dehydration, pigmentation, broken capillaries and lines from appearing, and if they're already there we will use Dermalogica's age smart range to control them. **55min. £75.00**

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## The face.

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### The oxygen treatment by us.

Give your skin a new breath of life... this oxygen infused treatment pumps oxygen into the skin with no needles - a similar result to botox with a course of treatments. Smoothing away fine lines and wrinkles for a firm, energised and plumped look to you skin.

Ask your therapist for more information on oxyjet. **85min. £105.00**

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### Dermalogica's BioSurface peel.

A powerful skin resurfacing chemical peel, helps to reduce acne, pigmentation and signs of premature ageing to reveal smooth, brighter and softer skin.

Ask your therapist for more information. **55min. £95.00**  
**course of three. £250.00**

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### Add ons.

Built on touch therapies to make your facial last a little longer...

**Stress relief back massage.** **15min. £15.00**

**Foot and leg therapy.** **15min. £15.00**

**Hand and arm therapy.** **15min. £15.00**

**Warm wax hands or feet.** **15min. £15.00**

**Age reversal eye therapy.** **15min. £15.00**

**Scalp therapy.** **15min. £15.00**

**Oxyjet party piece.** **15min. £15.00**

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### Active resurface.

Need a little extra boost of exfoliation? **15min. £15.00**

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### Yogatox.

A facial massage that adds an extra glow! Removes any unwanted toxins leaving you with healthy, plump and revitalised skin.

**25min. £25.00**

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# The body.

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## **The Ultimate Aromatherapy Associates Experience.**

This Aromatherapy Associates massage is based on a traditional massage designed to gain proven results from the body, using a combination of massage techniques, carefully applied pressures and balancing techniques alongside the highest quality wild crafted essential oils to reach a deeper level to balance the body.

\*All Aromatherapy Associates massages include an in depth consultation to select the best oils and focus for your massage.

**The Ultimate Aromatherapy 25.** **25min.** **£45.00**

**The Ultimate Aromatherapy 55.** **55min.** **£70.00**

**The Ultimate Aromatherapy 85.** **85min.** **£90.00**

## **Our signature massages.**

Get rid of tensions with our wide range of massages and techniques. Choose time, area and pressure...

**Powerdirect 25.** **25min.** **£33.00**

**Powerdirect 55.** **55min.** **£58.00**

**Powerdirect 85.** **85min.** **£78.00**

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## **Hot stone massage.**

The use of hot stones within a full body massage can induce relaxation to relax and soothe those stubborn muscles even further... try it!

**55min.** **£64.00**

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## **Hot stone back massage.**

A relaxing and muscle soothing back, neck and shoulder massage with hot stones.

**25min.** **£38.00**

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## Massage and holistic treatments.

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### Hydrotherm massage.

Enjoy our hydrotherm massage treatments on a soothing warm water cushion that supports and comforts the entire body whilst using effective techniques to gently release and stretch tired, aching muscles.

<b>Hydrotherm 25.</b>	<b>25min.</b>	<b>£37.00</b>
<b>Hydrotherm 55.</b>	<b>55min.</b>	<b>£68.00</b>
<b>Hydrotherm 85.</b>	<b>85min.</b>	<b>£88.00</b>

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### Aromatherapy Associates Immune Recovery.

The perfect pick me up treatment, an upper body, back, neck, shoulders, face and scalp massage using essential oils to pick you up and start the day.

**55min. £65.00**

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### Indian head massage.

Traditional Indian head massage using a combination of massage techniques to warm, soothe and relax the body... back, neck, shoulder, face and scalp, the result is total relaxation.

**40min. £43.00**

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### Hopi ear candles.

Ear candles that soothe and balance the body and mind, while clearing tensions and blockages.

**40min. £40.00**

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### Reflexology.

Pressure point foot massage, which unblocks energy flow and tensions. \*Includes consultation.

**\*40min. £45.00**

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## Body scrubs and wraps.

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### **Aromatherapy Associates Bespoke Skin Polish.**

A relaxing all over exfoliation and layering of richly nourishing products and massage techniques...

leaving you with radiant, smooth and glowing skin!

**25min. £40.00**

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### **Aromatherapy Associates Perfect Back.**

Prepare to show off your back with a back treatment that restores the skin, leaving it smooth and radiant.

Includes cleanse, scrub, massage, mask and moisturise... perfect!

**40min. £55.00**

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### **Aromatherapy Associates body wraps.**

Bespoke skin polish followed by a cocoon of luxurious cream, oil and lotion all over- wrapped in warm towels and blankets finished with a relaxing scalp massage... aaah!

**55min. £70.00**

Choose from:

### **Rose Hydrator.**

Perfect body wrap for sensitive in need of pampering skin!

### **Summer Skin Cooler.**

Soothing and rehydrating - perfect for the summer months!

### **Detox and Revive.**

For times of over indulgence, say bye to cellulite with these zesty oils!

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### **Yummy mummy.**

Pregnancy treatment for the bump and you. It's time for you both to relax.

**55min. £58.00**

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## Jessica prescriptive nail treatments... try them, they're different.

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**GELeration manicure or pedicure.** 55min. £55.00

Revolutionary gel polish from Jessica, perfect chip free polish that keeps its shine and lasts up to two weeks. Includes cleanse, exfoliation, cuticle work, polish and finished with a hot stone massage.

**Soak off and GELeration manicure or pedicure.** 75min. £65.00

**Soak off.** 20min. £20.00

**File and GELeration manicure or pedicure.**

Shape and GELeration application finished with cuticle oil.

25min. £35.00

**Treatment Rooms manicure or pedicure.**

Cleanse, exfoliation, cuticle work and clip, warm wax application, hot stone massage and polish.

55min. £47.00

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**Mini manicure or pedicure.**

Cleanse, clip and polish!

25min. £28.00

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**File and polish, hands or toes.**

20min. £17.00

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**Age smart hand treatment.**

Hand repair for ageing hands to help renew, brighten and prevent further ageing. Includes cleanse, exfoliation, mask and massage.

Add on a file and paint for a complete finish.

25min. £27.00

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**Remove and soften feet.**

Cleanse, exfoliate, hard skin removal and moisturise.

25min. £28.00

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**Knackered legs and fed up feet.**

Leg and foot massage finished with a file and paint.

45min. £48.00

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## Tanning treatments.

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### **Beach babe.**

Fully body scrub followed by a manual application of our self tan.

**55min. £63.00**

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### **St Tropez spray tan.**

All over spray tan - choose between classic, express or dark tan.

**25min. £30.00**

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### **Party, ready, steady, go...**

Spray tan all over, temporary lashes, file and paint.

**55min. £60.00**

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## Additional make up and treatments.

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### **Make up.**

Wedding day, parties, photoshoots, special occasions... all your make up needs!

### **delilah make up lesson.**

We apply...you learn

**55min. £58.00**

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### **delilah make up trial.**

We recommend a trial to all brides to ensure you are happy with your make up on your special day.

**45min. £35.00**

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### **delilah special occasion make up**

Make up for all occasions... brides, bridesmaids, inlaws, outlaws!

**45min. £48.00**

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### **delilah tutorials**

Need a helping hand to conquer those make up looks? delilah tutorials can help. Choose one or two of the following options and after 20 minutes you will know how: **smokey eyes, perfect brows,**

**flawless skin, under eye darkness, uneven skin.** **20min. £30.00**

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## Waxing.

Lip or chin.	15min.	£12.00
Lip and chin.	20min.	£17.00
Brow reshape.	20min.	£17.00
Brow tidy.	15min.	£12.00
Brow reshape and tint.	25min.	£25.00
Basic bikini line.	15min.	£12.00
High bikini.	15min.	£17.00
Brazilian bikini... strip.	20min.	£27.00
Hollywood bikini... the full monty.	25min.	£32.00
Half arm.	15min.	£12.00
Full arm.	25min.	£19.00
Underarm.	15min.	£12.00
Lower leg.	20min.	£18.00
3/4 leg.	25min.	£21.00
Full leg.	30min.	£25.00
Full leg and basic bikini.	45min.	£32.00
Back or chest.	25min.	£25.00

## Eye treatments.

Lash tint.	20min.	£16.00
Brow tint.	15min.	£13.00
Lash and brow tint.	25min.	£25.00
Brow reshape... tweezer.	20min.	£15.00
Temporary lashes - full set.	20min.	£20.00
Temporary lashes - half set	15min.	£15.00
Temporary lashes - strip lash application.	15min.	£15.00

## Eye treatments.

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### Perfect lash... lash perfect.

Individual semi permanent lashes that last.

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<b>Full set.</b>	<b>85min.</b>	<b>£85.00</b>
<b>Half set / corners.</b>	<b>55min.</b>	<b>£57.00</b>
<b>Maintenance.</b>	<b>25min.</b>	<b>£35.00</b>
<b>Removal.</b>	<b>15min.</b>	<b>£20.00</b>

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## Men's grooming.

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### Aromatherapy Associates Refinery Essential Facial.

Deep cleansing, brightening and rejuvenating facial, cleanse, steam, exfoliate, massage and mask... the result is clean, luminous and deeply hydrated skin!

**55min. £70.00**

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### The refinery ultimate face and body.

The ultimate aromatherapy experience in men's grooming, back, neck and shoulder massage followed by a refinery facial... say goodbye to stress and strains and hello to relaxation!

**85min. £90.00**

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### The face.

Dermalogica's deep cleansing facial, includes skin analysis, cleanse, exfoliation, steam, extractions, pressure point face massage, mask and neck, shoulder and scalp massage.

**55min. £65.00**

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### Manicure or pedicure.

Cleanse, clip, cuticle work and moisturise!

**25min. £28.00**

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## Treatment packages.

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All packages are subject to availability. A 25% per person deposit is payable on booking.

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### **Wake me up.**

**£70 per person**

Delicious breakfast between 8.30-9.30am followed by one choice of the following options;

**The Treatment Rooms visible brilliance facial**

**GELeration manicure or pedicure**

**Powerdirect 25 and express facial**

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### **Lovely lunch. 12pm-3pm**

**£135 per person**

A relaxing two course lunch followed by two of the following options;

**The Treatment Rooms visible brilliance facial**

**Aromatherapy Associates Essential Rose Facial**

**Powerdirect25 and express facial**

**Powerdirect55**

**The Ultimate Aromatherapy Associates Experience 55**

**Hot stone massage**

**GELeration manicure or pedicure**

**Treatment Rooms manicure or pedicure**

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### **Afternoon indulgence. 2pm-5pm**

**£50 per person**

True indulgence with a full afternoon tea followed by a choice of either;

**Mini manicure**

**Mini pedicure**

**File and GELeration manicure**

**File and GELeration pedicure**

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## Packages.

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### Full day spa.

£160 per person

Includes access to our heated outdoor pool, hot tub and tennis courts (11am- 5pm)

### Welcome spa pack and complimentary tea or coffee on arrival

### Delicious two-course lunch or afternoon tea

Choose two 55 minute treatments from our menu to complete your package

\*excludes face and feet, and bio surface peel

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### After hours spa. 5.30pm - 8pm

£70 per person

Includes the below;

### Full afternoon tea and a glass of Champagne

### Use of our outdoor heated pool and hot tub

Choose one 25 minute treatment from our menu to complete your package

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## For the teens.

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### Teen facial.

The perfect facial for problem teenage skin...  
cleanse, skin analysis, exfoliate, blackhead clear, mask and moisturise.

40min. £45.00

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### Teen manicure or pedicure.

Cleanse, clip and polish!

25min. £28.00

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### Teen pamper.

Teen facial, manicure and pedicure.

90min. £90.00

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## **Your treatment.**

From the start please tell us your expectations, this helps your therapist to customise your treatment and achieve the best result for you. If you are happy with our service, the best thing you can do for us is tell everyone about the Treatment Rooms at Maison Talbooth - personal recommendation is our highest reward.

We'd also love to hear your feedback so pop us an email or find us on Facebook or Twitter.

## **Why not combine your treatments?**

With morning coffee? Lunch or afternoon tea?

Indulge in lunch served between 12-2pm.

Enjoy 'proper' afternoon tea, served between 2pm-6pm, with sandwiches, scones with cream and jam, homemade cakes. Why not add some bubbles with a glass of Champagne?

Booking is required.

## **Treatment vouchers.**

Even the person who has everything can't get enough treatments! Give us a call or pop by and we can prepare the perfect gift for any amount or specific treatments!

**01206 322367.**

Also available to buy online at [www.milsomhotels.com](http://www.milsomhotels.com)

## **Opening times.**

**8.30am- 8pm**

**Open seven days a week- including bank holidays.**

# **Enjoy.**



AROMATHERAPY  
ASSOCIATES  
LONDON

**dermalogica®**



**JESSICA®**

ST. TROPEZ

delilah 

Lash Perfect  
PROFESSIONAL EYELASH EXTENSIONS  


Maison Talbooth, Stratford Road,  
Dedham, Colchester CO7 6HN  
Tel: 01206 322367  
maison@milsomhotels.com

[www.milsomhotels.com/maison-talbooth](http://www.milsomhotels.com/maison-talbooth)