

the  
treatment  
rooms

menu and price list



# the treatment rooms

The Treatment Rooms spa at Maison Talbooth is quiet, relaxed, discreet, and ideal for individual mid-week treatments or a visit with friends at the weekend.

Open to staying and non-staying guests and offering a variety of innovative treatments by our experienced therapists.

Milsom Card holders receive a 10% discount\* on all treatments.

\*Not to be used in conjunction with any other offers.

## The face.

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We've chosen Aromatherapy Associates and Dermalogica - in our opinion they are the best. Both brands complement each other with their techniques and products... treatments don't get much better!

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### **Aromatherapy Associates Essential Rose Facial. 55min. £78.00**

This luxurious rose facial uses the purest rose oils to condition and deeply nourish the skin, the result is as smooth, radiant complexion and a relaxed state of mind.

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### **Aromatherapy Associates Rose Infinity Facial.\* 85min. £90.00**

Achieve instant, long lasting results that will noticeably lift, tone and firm the skin, leaving you with a flawless, healthy and younger looking complexion. Wrinkles and lines are plumped out for visibly smoother younger looking skin.

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### **The Treatment Rooms visible brilliance facial. 55min. £72.00**

Dermalogica's signature facial, customised at every step... skin analysis, cleansing, exfoliating, steam, finished with a pressure point facial massage, custom mask, neck, shoulder and scalp massage.

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### **Express Dermalogica facial. 25min. £40.00**

'Haven't got time but need a facial?' Double cleanse, exfoliation, massage or mask and moisturise.

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### **Face and feet.\* 55min. £110.00**

Two therapists, one hour. The Treatment Rooms' visible brilliance facial together with our Treatment Rooms pedicure... heaven!

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\*Not available for spa packages

## The face.

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**Age smart facial.** **55min. £78.00**

Anti-age treatment to help control dehydration, pigmentation, broken capillaries and lines from appearing, and if they're already there we will use Dermalogica's age smart range to control them.

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**Yogatox.** **25min. £33.00**

A facial massage that adds an extra glow! Removes any unwanted toxins to leave you with healthy, plump and revitalised skin, and gets the blood circulation moving to boost that youthful glow!

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### **Add ons.**

Built on touch therapies to make your facial last a little longer...

**Stress relief back massage.** **15min. £18.00**

**Foot and leg therapy.** **15min. £18.00**

**Hand and arm therapy.** **15min. £18.00**

**Warm wax hands or feet.** **15min. £18.00**

**Scalp therapy.** **15min. £18.00**

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### **Specialist facial.**

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**Dermalogica's Pro Power Peel.\*** **55min. £95.00**

A bespoke peel that we create to deal with premature ageing, which will leave your skin looking smoother and brighter. Patch test required 24 hours in advance.

**Course of 3 treatments for** **£250.00**

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\*Not available for spa packages

# Oxyjet.

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## **Oxyjet Express filler.**

**25min. £50.00**

Leaves you with instant visible benefits, tightened facial contours, reduced expression lines, youthful appearance with increased blood circulation. The result is firm, fresh and moisture drenched skin. The perfect intro to Oxyjet by us.

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## **The De Luxe oxygen treatment by us.\***

**85min. £120.00**

Give your skin a new breath of life... this oxygen infused treatment pumps oxygen into the skin with no needles - a similar result to Botox with a course of treatments. The treatment combines techniques that leave you with smooth, tightened, toned and firm skin. A completely bespoke treatment to you using a combination of pulsed oxygen pressure injection, oxygen diamond peeling, Oxy clear, deep cleansing exfoliation using blue and red light therapy, Oxy tone and Oxy lifting. The results are amazing.

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## **Course of 6 treatments for**

**£620.00**

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## **The De Luxe Microdermabrasion by us.\***

**55min. £78.00**

A deep cleansing and exfoliating facial using our De Luxe Oxyjet machine, combining a gentle skin resurfacing diamond tip exfoliation, alongside a constant flow of oxygen. Using a cushion of pure oxygen whilst using a diamond tip microdermabrasion is pressed over the skin for complete resurfacing, fresh and glowing skin, finished with a soothing and cooling mask, neck and shoulder massage.

## **Oxy add ons.**

Add these to any treatment or a standalone treatment... Choose an area and let the machine work!

**Oxy cleanse.** *Deep brush cleansing*

**15min. £20.00**

**Oxy plump.** *Plump those lips & fine lines*

**15min. £20.00**

**Oxy Cool.** *Pure oxygen flow for glowing fresh skin*

**15min. £20.00**

**Oxy tone.** *Lift & tone for firm skin.*

**15min. £20.00**

**Oxy diamond.** *Diamond peeling microdermabrasion*

**15min. £20.00**

**Oxy Party piece.** *An Oxyjet mix for the perfect party glow*

**15min. £20.00**

**Collagen Mask.** *Boost your collagen levels*

**15min. £20.00**

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\*Not available for spa packages

## The body.

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### **The Ultimate Aromatherapy Associates Experience.**

This Aromatherapy Associates massage is based on a traditional massage designed to gain proven results from the body, using a combination of massage techniques, carefully applied pressures and balancing techniques alongside the highest quality wild crafted essential oils to reach a deeper level to balance the body.

*\*All Aromatherapy Associates massages include an in depth consultation to select the best oils and focus for your massage.*

<b>The Ultimate Aromatherapy 25.</b>	<b>25min.</b>	<b>£45.00</b>
<b>The Ultimate Aromatherapy 55.</b>	<b>55min.</b>	<b>£70.00</b>
<b>The Ultimate Aromatherapy 85.*</b>	<b>85min.</b>	<b>£90.00</b>

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### **Our signature Treatment Rooms massage.**

Get rid of all those tensions with our wide range of massages and techniques. Choose your time, area and pressure...

<b>Powerdirect 25.</b>	<b>25min.</b>	<b>£40.00</b>
<b>Powerdirect 55.</b>	<b>55min.</b>	<b>£65.00</b>
<b>Powerdirect 85.*</b>	<b>85min.</b>	<b>£85.00</b>

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<b>Hot stone massage.</b>	<b>55min.</b>	<b>£67.00</b>
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The use of hot stones within a full body massage can induce relaxation to relax and soothe those stubborn muscles even further... try it!

<b>Hot stone back massage.</b>	<b>25min.</b>	<b>£40.00</b>
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A relaxing and muscle soothing back, neck and shoulder massage with hot stones.

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\*Not available for spa packages

## Massage and holistic treatments.

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**Hydrotherm massage.** (Must be booked 24hrs in advance.)

Enjoy our hydrotherm massage treatments on a soothing warm water cushion that supports and comforts the entire body whilst using effective techniques to gently release and stretch tired, aching muscles.

**Hydrotherm 25.** **25min. £39.00**

**Hydrotherm 55.** **55min. £71.00**

**Hydrotherm 85.\*** **85min. £92.00**

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**Aromatherapy Associates Immune Recovery.** **55min. £67.00**

The perfect pick me up treatment, an upper body, back, neck, shoulders, face and scalp massage using essential oils to pick you up and start the day.

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**Indian head massage.** **40min. £45.00**

Traditional Indian head massage using a combination of massage techniques to warm, soothe and relax the body... back, neck, shoulder, face and scalp, the result is total relaxation.

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**Hopi ear candles.** **40min. £42.00**

Ear candles that soothe and balance the body and mind, while clearing tensions and blockages.

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**Reflexology.** **50min. £55.00**

Cleanse, exfoliation and pressure point foot massage, which unblocks energy flow and tensions. \*Includes consultation.

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\*Not available for spa packages

## Body scrubs and wraps.

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### **Aromatherapy Associates Bespoke Skin Polish.** 40min. £45.00

A relaxing all over exfoliation and layering of richly nourishing products and massage techniques... leaving you with radiant, smooth and glowing skin.

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### **Aromatherapy Associates Perfect Back.** 40min. £45.00

Prepare to show off your back with a back treatment that restores the skin, leaving it smooth and radiant. Includes cleanse, scrub, massage, mask and moisturise... perfect!

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### **Aromatherapy Associates body wraps.** 55min. £70.00

Bespoke skin polish followed by a cocoon of luxurious cream, oil and lotion all over- wrapped in warm towels and blankets finished with a relaxing scalp massage... aaah!

Choose from:

#### **Rose Hydrator.**

Perfect body wrap for sensitive in need of pampering skin.

#### **Summer Skin Cooler.**

Soothing and rehydrating - perfect for the summer months.

#### **Detox and Revive.**

For times of over indulgence, say bye to cellulite with these zesty oils.

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### **Yummy mummy.** 55min. £60.00

Pregnancy treatment for the bump and you. Basically it is a facial treatment adapted for your tummy. Cleanse, exfoliate, massage, custom mask, foot and leg or chest and shoulder massage.

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## Gelish soak off gel polish.

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<b>Gelish manicure or pedicure.</b>	<b>55min. £58.00</b>
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Gelish soak off gel polish is a quick, easy and efficient gel polish that keeps its shine. Manicure or pedicure include cleanse, exfoliation, cuticle work, polish and is finished with a hot stone massage and nourishing cuticle oil.

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<b>Soak off gelish nails.</b>	<b>20min. £20.00</b>
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<b>File and gelish nails.</b>	<b>25min. £37.00</b>
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Shape and gelish application finished with nourish oil.

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<b>Soak off, file and gelish nails.</b>	<b>45min. £47.00</b>
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Remove gelish nails and reapply.

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### PolyGel.

Not an acrylic, not a hard gel, gelish PolyGel combines the best of both in a revolutionary all-in-one system that's undeniably better! Unlike acrylics, PolyGel requires no monomer, no mixing, and LED cures on demand. Unlike hard gels, PolyGel applies fast and easy with no chasing or intense heat spike. It's the lightest product ever, safe for the most sensitive of nails with a natural feeling!

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<b>Full set PolyGel French Sculpture tips</b>	<b>55min. £58.00</b>
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<b>Full set PolyGel Sculpture tips</b>	<b>55min. £53.00</b>
<b>Add gelish polish to finish</b>	<b>£5.00</b>

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<b>Overlay PolyGel on natural nails</b>	<b>45min. £37.00</b>
<b>Add gelish polish to finish</b>	<b>£5.00</b>

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<b>PolyGel maintenance</b>	<b>25min. £30.00</b>
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<b>PolyGel Buff &amp; gelish colour change</b>	<b>25min. £25.00</b>
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## Manicure and pedicure.

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**Treatment Rooms manicure or pedicure.** **55min. £49.00**

Cleanse, exfoliation, cuticle work and clip, warm wax application, hot stone massage and polish.

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**Mini manicure or pedicure.** **25min. £29.00**

Cleanse, clip and polish.

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**File and polish, hands or toes.** **20min. £20.00**

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**Age smart hand treatment.** **25min. £29.00**

Hand repair for ageing hands to help renew, brighten and prevent further ageing. Includes cleanse, exfoliation, mask and massage. Add on a file and paint for a complete finish.

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**Remove and soften feet.** **25min. £29.00**

Cleanse, exfoliate, hard skin removal and moisturise.

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**Knackered legs and fed up feet.** **45min. £50.00**

Leg and foot massage finished with a file and paint.

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## Tanning treatments.

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**St Tropez spray tan.** **25min. £31.00**

All over spray tan - choose between classic, express or dark tan.

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**Party, ready, steady, go...** **55min. £60.00**

Spray tan all over, temporary lashes, file and paint.

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## Additional make up and treatments.

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### Make up.

Wedding day, parties, photoshoots, special occasions... all your make up needs!

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**Jane Iredale make up lesson.** **55min. £60.00**

We apply...you learn.

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**Jane Iredale make up trial.** **45min. £37.00**

We recommend a trial to all brides to ensure you are happy with your make up on your special day.

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**Jane Iredale special occasion make up.** **45min. £50.00**

Make up for all occasions... brides, bridesmaids, inlaws, outlaws!

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**Jane Iredale tutorials.** **25min. £32.00**

Need a helping hand to conquer those make up looks? Jane Iredale tutorials can help. Choose one or two of the following options and after 20 minutes you will know how: smokey eyes, perfect brows, flawless skin, under eye darkness, uneven skin.

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## Waxing.

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**Lip or chin.** **15min. £12.00**

**Lip and chin.** **20min. £17.00**

**Brow reshape.** **20min. £17.00**

**Brow tidy.** **15min. £12.00**

**Brow reshape and tint.** **25min. £25.00**

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## Waxing.

Basic bikini line.	15min.	£12.00
High bikini.	15min.	£17.00
Brazilian bikini.	20min.	£27.00
Hollywood bikini.	25min.	£32.00
Half arm.	15min.	£12.00
Full arm.	25min.	£19.00
Underarm.	15min.	£12.00
Lower leg.	20min.	£18.00
3/4 leg.	25min.	£21.00
Full leg.	30min.	£25.00
Full leg and basic bikini.	45min.	£32.00
Back or chest.	25min.	£25.00

## Threading.

**Ideal for those who have sensitive skin or allergic to wax.**

(Results last 3-4 weeks.)

Upper Lip or Chin	10min.	£10.00
Upper Lip and Chin	15min.	£18.00
Eye Brow Threading	15min.	£16.00
Side Face	15min.	£18.00
Full Face	30min.	£37.00

## Eye treatments.

Lash tint.	20min.	£16.00
Brow tint.	15min.	£15.00
Lash and brow tint.	25min.	£25.00
Brow reshape.	20min.	£15.00
Brow tidy - tweezer.	15min.	£15.00

## Eye treatments.

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### Perfect lash... lash perfect.

Individual semi permanent lashes that last.

<b>Full set.*</b>	<b>85min.</b>	<b>£85.00</b>
<b>Half set / corners.</b>	<b>55min.</b>	<b>£57.00</b>
<b>Maintenance.</b>	<b>25min.</b>	<b>£35.00</b>
<b>Removal.</b>	<b>15min.</b>	<b>£20.00</b>
<b>Lash Lift.</b>	<b>45min.</b>	<b>£47.00</b>

Evolutionary lash lift treatment that lifts your lashes from the root to create an enhanced, natural curl and lift... This treatment includes a lash tint for extra definition. Perfect as an alternative to lash extensions or alongside for an even better lift.

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## Temp lashes

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Cluster lashes for the night.

<b>Temporary lashes – full set.</b>	<b>20min.</b>	<b>£20.00</b>
<b>Temporary lashes - half set</b>	<b>15min.</b>	<b>£15.00</b>
<b>Temporary lashes – strip lash application.</b>	<b>15min.</b>	<b>£15.00</b>

## For the teens.

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Up to 18 years old. Adult supervision may be required.

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<b>Teen express facial.</b>	<b>25min.</b>	<b>£37.00</b>
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Clear start...cleanse, skin analysis, exfoliate, mask and moisturise.

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<b>Teen luxury facial.</b>	<b>50min.</b>	<b>£48.00</b>
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Clear start... The perfect facial for problem teenage skin. Cleanse, skin analysis, exfoliate, blackhead removal, mask, massage and moisturise.

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<b>Teen manicure or pedicure.</b>	<b>25min.</b>	<b>£29.00</b>
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Cleanse, clip and polish.

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\*Not available for spa packages

**Teen gelish.** **25min. £33.00**

File and gelish hands or feet.

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**Teen pamper.** **90min. £95.00**

Teen facial, manicure and pedicure.

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**Teen lashes.** **20min. £20.00**

Strip or cluster lashes, perfect for a party.

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**Teen make up.** **30min. £30.00**

Perfect for a prom, party or any special occasion, using delillah cosmetics.

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## **Men's grooming.**

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**Aromatherapy Associates Refinery Essential Facial.** **55min. £78.00**

Deep cleansing, brightening and rejuvenating facial, cleanse, steam, exfoliate, massage and mask... the result is clean, luminous and deeply hydrated skin.

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**The refinery ultimate face and body.\*** **85min. £90.00**

The ultimate aromatherapy experience in men's grooming. Back, neck and shoulder massage followed by a refinery facial... say goodbye to stress and strains and hello to relaxation.

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**The face.** **55min. £72.00**

Dermalogica's deep cleansing facial, includes skin analysis, cleanse, exfoliation, steam, extractions, pressure point face massage, mask and neck, shoulder and scalp massage.

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**Manicure or pedicure.** **25min. £29.00**

Cleanse, clip, cuticle work and moisturise.

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\*Not available for spa packages

## Treatment packages.

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All packages are subject to availability. A 25% per person deposit is payable on booking.

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### **Wake me up.**

**£70 per person**

Delicious breakfast between 8.30-9.30am followed by one choice of the following options:

**The Treatment Rooms visible brilliance facial**

**Geleration manicure or pedicure**

**Powerdirect 25 and express facial**

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### **Lovely lunch. 12pm-3pm**

**£135 per person**

A relaxing two course lunch followed by two of the following options:

**The Treatment Rooms visible brilliance facial**

**Aromatherapy Associates Essential Rose Facial**

**Powerdirect25 and express facial**

**Powerdirect55**

**The Ultimate Aromatherapy Associates Experience 55**

**Hot stone massage**

**Gelish manicure or pedicure**

**Treatment Rooms manicure or pedicure**

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### **Afternoon indulgence. 2pm-5pm**

**£50 per person**

True indulgence with a full afternoon tea followed by a choice of either:

**Mini manicure**

**Mini pedicure**

**File and gelish manicure**

**File and gelish pedicure**

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## Spa day packages.

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### Day spa.

**£175 per person**

Includes access to our heated outdoor pool, hot tub and tennis courts (11am-4pm)

**Welcome spa pack and complimentary tea or coffee on arrival**

**Delicious poolside two-course lunch or afternoon tea**

**Choose two 55 minute treatments from our menu to complete your package.**

**Some treatments are excluded.**

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### After hours spa.

**£70 per person**

Join us between 5.30-8pm. Includes the below:

**Full afternoon tea and a glass of Champagne**

**Use of our outdoor heated pool and hot tub**

**Choose one 25 minute treatment from our menu to complete your package**

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## **Your treatment.**

From the start please tell us your expectations, this helps your therapist to customise your treatment and achieve the best result for you. If you are happy with our service, the best thing you can do for us is tell everyone about the Treatment Rooms at Maison Talbooth - personal recommendation is our highest reward.

We'd also love to hear your feedback so pop us an email or find us on Facebook or Twitter.

## **Can't decide?**

Book yourself an open hour or two, sit back take a look at our menu and let us know what you decide...

## **Why not combine your treatments?**

With morning coffee? Lunch or afternoon tea? Indulge in lunch served between 12-2pm. Enjoy 'proper' afternoon tea, served between 2pm-6pm, with sandwiches, scones with cream and jam, homemade cakes. Why not add some bubbles with a glass of Champagne? Booking is required.

## **Treatment vouchers.**

Even the person who has everything can't get enough treatments! Give us a call or pop by and we can prepare the perfect gift for any amount or specific treatments!

**01206 322367.**

Also available to buy online at [www.milsomhotels.com](http://www.milsomhotels.com)

## **Opening times.**

**9.00am - 8.00pm**

**Open seven days a week - including bank holidays.**





AROMATHERAPY  
ASSOCIATES  
LONDON

**dermalogica®**

gelish  
POLYGEL™

OXYjet  
DELIVERING NATURAL BEAUTY

ST. TROPEZ

jane iredale®  
THE SKIN CARE MAKEUP™

Lash Perfect  
PROFESSIONAL EYELASH EXTENSIONS

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